

Flag Football Boot Camp

Sharpen your skills before the season starts!

Our City of Rocklin Flag Football season is just around the corner, so here is your chance to dust off your cleats and get some training in even before the first practice. Get a great workout with this one-day, 3-hour camp that will cover everything from throwing passes and running routes, to defensive agility training. Don't miss this great opportunity to get ahead of the competition, and sharpen your skills for the upcoming flag football season!



Day: Saturday, September 23rd

Times: 9:00am-12:00pm

Location: Azevedo Park (Wildcat Blvd & West Stanford Ranch Rd)

Grades: 4-12 (Players will be separated by grade)

Fees: \$25/20 (Resident Discount)

For more information please call Adam White at 316-9924

Submit registration forms to Rocklin Sunset Center

RELEASE & INDEMNITY

In consideration for being permitted by the City of Rocklin to participate in the above activity (ies), I hereby waive, release and discharge any and all claims for damages for personal injury, death, or property damage which I or my child (if participating) may have, or which hereafter accrue to me, or my child, against the city as a result of my or my child's participation in the activity (ies). This release is intended to discharge the city, its officers, officials, employees and volunteers, and any other involved public agencies from and against any and all liability arising out of or connected in any way with my or my child's participation in the activity, even though that liability may arise out of the negligence or carelessness on the part of the persons or public agencies mentioned above. I further understand that accidents and injuries can arise out of the activity (ies); knowing the risks, nevertheless, I hereby agree to assume those risks and to release and to hold harmless all of the persons or agencies mentioned above who (thought negligence or carelessness) might otherwise be liable to me, or my child (or my or my child's heirs or assigns) for damages. It is further understood and agreed that this waiver, release and assumption of risk is to be binding on my and my child's heirs and assigns. In addition, I agree to indemnify and hold harmless city and its officers, officials, employees and volunteers from and against all claims, damages, losses and expenses including attorney fees arising out my or my child's participation in the activity (ies) described above, caused in whole or in part by my or my child's negligent act, except where caused by the active negligence, sole negligence, or willful misconduct of the city.

PARENT OR GUARDIAN MUST READ THE WAIVER ABOVE AND SIGN THIS FORM.

Parent or legal guardian must complete this form in its entirety prior to registration. (1307.033)

Parents Name: _____

e-Mail: _____

Participant's Name (last/first): _____ Age: _____ Birth date: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone (Home) _____ (Work) _____ (Cell) _____

School _____ Grade _____ Gender: _____ Male _____ Female _____

Emergency Contact: Name _____ Phone: _____

Signature of Participant (if under 18, Parent or Guardian) _____ Date _____

Amount: _____ Ck#: _____ Receipt#: _____ Date: _____ By: _____